

# MMS/ClO<sub>2</sub> (Uncle Stu's Magic Elixir)



STUART PERKINS · WEDNESDAY, FEBRUARY 12, 2020 · 2 MINUTES 159 Reads

I get tired of typing this over and over, so here it is.

Chlorine Dioxide is a very useful chemical. Municipal water treatment systems use it to “chlorinate” your tap water. In the low concentrations used like that it has the benefit of keeping bacteria count in tap water low for safety. In the long run, the chlorine is not healthy...but since when is long term health a concern of a municipality?

Anyway, it is also useful internally in a higher concentration, but use with great caution. It is considered toxic by the FDA, if that matters to you.

I use the camper's water treatment tablets which are Sodium Chlorite based. There is another formula out there now which is not Sodium Chlorite, and do NOT use it in this fashion.

Anyway, in order to convert the Sodium Chlorite into Chlorine Dioxide, I dissolve one capsule in a thimble full of vinegar. You can also use lemon juice, but it may take a bit more. Once dissolved fully, add it to a shot or so of good filtered water and chug. This is a “dose”.

I wouldn't do more than three doses in a day or for more than three days in a row.

It kills indiscriminately, and once you are over whatever it is which drove you to take this extreme measure, follow with a good probiotic and/or some fermented foods to restore the good bacteria to your gut.

For extra punch, I will mix up a combination of liquid Elderberry, colloidal silver and chlorine dioxide in a juice or red wine for what I call “Uncle Stu's Magic Elixir”.

I am not a Dr, nor do I pretend to be. I merely say here what I have done with acceptable results for myself. If you do anything based on what I say here, it is your responsibility.